

September Is Emergency Preparedness Month



Your Role in Emergency Preparedness

We want to be able to contact you when emergencies or important incidents or events occur, so it is important that we have your correct and most up-to-date contact information on hand.

Workday Users

Review your emergency and personal contact information in Workday at least once a year. Be sure to keep this information up-to-date!

CareConnect Users

HHAs should make sure that their supervisor has their current mobile phone number and email address. If this information changes, be sure to let your supervisor know.

How You Can Be Prepared for an Emergency

There are important things you should know and things you can do now to better prepare yourself in the event of an emergency.

Know Your Evacuation Zone

KNOW YOUR ZONE is your destination for everything you need to know about hurricanes in New York City. You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare: <https://maps.nyc.gov/hurricane/>

Prepare a "Go Bag" and Household Emergency Kit

A Go Bag is a collection of items you may need in the event of an evacuation. It should be portable and in easy-to-carry containers. Each family member should have their own Go Bag ready to go in case you need to evacuate.

A Household Emergency Kit consists of supplies you should keep in your home for your family to survive on their own for at least three days.

Here Is Your Go Bag Checklist:

- Copies of your important documents in a waterproof and portable container
- Extra set of car and house keys
- Credit and ATM cards and cash, especially in small denominations
- Bottled water and non-perishable food such as energy or granola bars
- Flashlight, battery-operated AM/FM radio, and extra batteries
- Prescriptions and medications for at least one week
- First-aid kit and hand sanitizer
- Sturdy, comfortable shoes, lightweight raingear, and a mylar (thermal) blanket
- Contact and meeting place information for your household
- Small New York City regional map
- Personal hygiene items
- Childcare supplies or other special care items

Here Is Your Household Emergency Kit Checklist:

- 1 gallon drinking water per person per day for 3 days
- Nonperishable, ready-to-eat canned foods
- Manual can opener
- First aid kit and hand sanitizer
- Prescriptions and medications for at least one week
- Dust mask, whistle, rope, and flashlight
- Battery-operated AM/FM radio with extra batteries
- Childcare supplies or other special care items
- Iodine tablets or one quart of unscented bleach
- Personal hygiene items
- Sturdy, comfortable shoes
- Mylar/thermal blanket
- Lightweight rain jacket, heavy gloves, warm clothes
- Extra smoke/carbon monoxide detectors
- Phone that does not rely on electricity
- Fire extinguisher

