

2025 Top Mental Health Care Providers: VNS Health



VNS Health leadership gathered in April, 2025, with local policymakers and electeds to celebrate the launch of their new Integrated Mental Health and Substance Use Clinic in the South Bronx.

Medical and nonprofit organizations meeting New Yorkers' mental health needs

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Mental health has always been critical to an individual's well-being, though it hasn't always received the attention it deserves. In recent decades, there have been signs that the stigma surrounding mental illness is declining. At the same time, many measures of mental illness are increasing, pointing to the need for further investment in high-quality care.

New York is among the nation's leaders in ensuring that there are enough effective treatment options available. The state recently ranked first in Mental Health America's "State of Mental Health in America" report, which according to Gov. Kathy Hochul demonstrates "that we remain on the right track in our concerted efforts to address the mental health crisis among children and adults."

City & State's inaugural Top Mental Health Care Providers features dozens of the elite mental health providers in New York. The list, which includes large and small providers from across the state, puts a spotlight on the innovative programs and standout services being offered to ensure that New Yorkers are able to thrive and successfully face challenges to their mental health.

VNS Health Behavioral Health

Overview: VNS Health is one of the nation's largest nonprofit home- and community-based health care organizations. Innovating in health care for more than 130 years, the organization helps people live, age and heal where they feel most comfortable – in their homes and communities. VNS Health offers a full range of home health care services, solutions and health plans designed to simplify the health care experience and meet the diverse and complex needs of those they serve across New York state. On any given day, 11,000-plus team members deliver compassionate care, unparalleled expertise, solutions and resources to 73,000-plus patients, health plan members and clients.

Standout services: VNS Health meets people where they are – offering individualized, compassionate support for behavioral health conditions for the past 40 years. Services include short- and long-term care delivered in the home and community, along with holistic care coordination that supports the whole person. Programs serve children, adults and seniors, including youth at risk of suicide, people in acute crisis and individuals with complex and chronic mental health and substance use conditions. An Integrated Mental Health and Substance Use Clinic was recently launched in the South Bronx, providing accessible whole person mental health and substance use treatment supporting the entire continuum of care.

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