

New York Releases Master Plan for Aging Providing 100 Aging-in-Place Solutions



Adam Healy, July 03, 2025

New York Gov. Kathy Hochul (D) is recommending more than 100 strategies to support older adults who wish to age in place. Her office last week released its [Master Plan for Aging](#), a roadmap calling on aging care stakeholders to launch new programs to help aging adults.

Some of its proposals include:

- Increased funding for New York Area Agencies on Aging to hire more home health and personal care aides;
- Revised training and credentialing pathways for direct care workers;
- The establishment of regional caregiver support hubs, which would offer childcare or housing assistance for direct care workers;
- Tax credits to offset informal caregivers' out-of-pocket caregiving expenses; and
- A statewide peer support network for family caregivers.

Implementing these ideas will take collective action from government agencies, aging services providers and community-based organizations, Hochul said.

“The vision laid out in this MPA Report and the proposals presented to the MPA Council reflect a coordinated effort involving every corner of government as well as the private sector, social sector, advocacy community, and other stakeholders across New York,” the report said. “Achieving the vision laid out in this report – a New York that helps all older adults and people with disabilities remain engaged with their families, careers and communities along their life journey, and to continue to

contribute their wisdom, experience, and spirit in a dignified and respectful way – will similarly require partnership across State government and far beyond.”

Home care agencies in New York hailed the MPA as a landmark moment in the state’s plan to support aging residents.

“Governor Hochul’s Master Plan for Aging is an essential step forward for New York, responding with deep clarity and vision to the demographic, economic and healthcare realities of our time,” Dan Savitt, president and chief executive officer of VNS Health, said in a statement.

Organizations including AARP, LeadingAge and the John A. Hartford Foundation also expressed support for the MPA.

“With a growing population of older adults and a shrinking number of working-age caregivers, we need to act swiftly and decisively to ensure access to appropriate services and the necessary workforce to provide them,” Sebrina Barrett, president and CEO of LeadingAge New York, said in a statement.

The master plan comes as New York grapples with a major transition in its consumer-directed home care program. In September 2024, Hochul announced that Public Partnerships LLC would become the sole fiscal administrator of New York’s Consumer Directed Personal Assistance Program. CDPAP previously had been administered by a network of hundreds of fiscal intermediaries.

The move prompted outcry from care-at-home stakeholders, and several [lawsuits](#) have been filed to halt the transition. US District Court for the Eastern District of New York Judge Frederic Block has delayed the transition several times. CDPAP caregivers and care recipients currently have until [July 1](#) to complete their enrollment with PPL.

The McKnight’s family of brands brings the most up-to-date news in home care to industry insiders. The brand covers the segments of in-home personal care, home health, hospice and palliative care. Readers are leaders in their respective organizations, ranging from owners and executives to clinical directors and other stakeholders. Content reaches an estimated audience of 79,000, and focuses on news, trends affecting management decisions, personnel operations, patient care services, legal issues, facility design and resident safety. Features include updates on pharmacy service, legislation affecting the industry and vendor/product news.