



Bronx Families Can Get Free Nurse Visits During Pregnancy and After Birth



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Expecting a baby in the Bronx? A free city-funded program can connect you with a registered nurse who visits you at home during pregnancy and continues providing support until your child turns two. The Nurse-Family Partnership (NFP) program, operated in the Bronx by VNS Health, offers personalized guidance to expectant parents as they prepare for a new baby and navigate the early years of parenthood. The program recently expanded its eligibility requirements, making it available to more families, including parents who already have children and those who are further along in their pregnancies.

How it works

Nurse-Family Partnership connects expectant parents with a dedicated nurse who provides regular home visits throughout pregnancy and a child's first two years. The program is designed to help parents prepare for childbirth, learn about their baby's development, and navigate the challenges and questions that can come with raising a young child. Having a consistent nurse also gives families someone they can turn to for guidance and support along the way. The service is free for eligible families.

Who is eligible for the program?

The VNS Health Bronx Nurse-Family Partnership is available to people who meet the following requirements:

- You currently live in the Bronx.
- You are currently pregnant.
- You are eligible for Medicaid or WIC.

You do not have to be enrolled in Medicaid or WIC to qualify. Eligibility is based on whether you are eligible for either program. The program is available regardless of age, immigration status or gender identity.

You do not have to be a first-time parent to participate. Following the city's eligibility expansion, parents who already have children may also qualify. Families can also enroll later in pregnancy than was previously permitted. If you're unsure whether you qualify, contact the program directly to ask about your circumstances.

How to sign up

If you're interested in participating, there are a few options:

Ask your health care provider. Your prenatal care provider may be able to help you connect with the program.

Email the NYC program. Send an email to nycnfp@health.nyc.gov to ask about enrollment.

Call 311. Ask for the Nurse-Family Partnership program.

Contact VNS Health directly. Call 718-536-3789 or visit the [VNS Health contact page](#) to inquire about the Bronx program.

BronxMama is a lifestyle site and blog for Bronx parents. They publish stories about events in the Bronx, fashion, food, and more. They reach an estimated audience of 4,000.